



# PROPELLER

BAR & KITCHEN

ALLERGEN + LIFESTYLE

## LUNCH

SERVED FROM NOON UNTIL 3PM.

### FILLED SOURDOUGH CIABATTA

All served with a salad garnish. *Add chips for 1.75*

<b>Pulled *Ham and Dairy Free Cheese</b>	<b>8.25</b>
<b>BBQ *Chicken and Dairy Free Cheese</b>	<b>8.25</b>
<b>*BLT</b>	<b>8.75</b>
<b>Meatball Marinara</b>	<b>7.95</b>

### Cajun Chicken Burger

Butterflied cajun spiced \*chicken breast topped with dairy free cheese and \*bacon, served with homemade slaw and chips. **13.55**

## PASTA

### Chilli King Prawns

King prawns cooked in a chilli and garlic butter sauce, tossed with linguine and finished with spinach and sun-dried tomatoes. **13.50**

### Spaghetti Meatballs

Succulent beef meatballs cooked in a delicious herby tomato sauce and tossed with spaghetti. **11.50**

**🌱Vegetarian option available.**

### Spaghetti Bolognese

This favourite sauce is made with prime lean \*beef, red wine, Italian herbs, garlic and tomatoes. **11.50**

### Penne Arrabiata 🌱

Penne pasta tossed in a spicy tomato sauce infused with garlic and fresh chilli. **10.25**

*Add \*chicken or prawns for 2.35*

## SIDES

<b>Seasoned Chips 🌱</b>	<b>3.50</b>
<b>Mixed Salad 🌱</b>	<b>4.25</b>
<b>Garlic Ciabatta 🌱</b>	<b>4.75</b>
<b>Garlic Ciabatta with Dairy Free Cheese 🌱</b>	<b>5.75</b>
<b>Onion Rings 🌱</b>	<b>3.75</b>
<b>House Slaw 🌱</b>	<b>3.40</b>
<b>Roasted Mediterranean Vegetables 🌱</b>	<b>4.50</b>

## APPETISERS

### Mixed Olives 🌱

An Italian classic of mixed olives, to get your appetite going. **4.25**

## STARTERS

### Antipasti for Two

A selection of Woodall's British cured meats with houmous, mixed olives, oil for dipping and warm breadsticks. **15.95**

### Baked Portobello Mushrooms 🌱

Baked portobello mushrooms and dairy free cheese, served on a bed of fresh rocket with a balsamic glaze and pumpkin seeds. **7.50**

### Tear and Share Flatbread

Freshly baked flatbread served warm from the oven.

*Choose from:*

**Garlic, red onion marmalade and dairy free cheese 🌱 10.50**

**Garlic, dairy free cheese and chillies 🌱 10.50**

### Bruschetta 🌱

Toasted bruschetta, generously topped with roasted courgettes, red peppers and tomatoes, finished with fresh herbs. **6.85**

### Spicy Meatballs

Succulent beef meatballs in a rich and spicy tomato sauce with a slice of garlic ciabatta for dipping. **7.50**

**🌱Vegetarian option available.**

## SALADS

### Superfood 🌱

Falafel, smoked harissa houmous, roasted butternut squash, tenderstem broccoli, couscous, pickled red cabbage, spinach and pumpkin seeds, tossed and served with a blueberry dressing. **11.50**

*Add \*chicken for 3.65 or salmon for 4.25*

## SPECIALITIES

SERVED FROM 5PM

### Ribeye Steak

Prime ribeye \*steak grilled the way you like it and served with chips, vine roasted cherry tomatoes, flat mushrooms and a salad garnish. **22.25**

*Surf and turf? Add a grilled king prawn skewer for 7.25*

### Mediterranean Chicken

A \*chicken breast wrapped in prosciutto and topped with dairy free cheese. Served with tenderstem broccoli, crushed new potatoes and a vibrant red pepper sauce. **15.95**

### Cajun Chicken Burger

Butterflied cajun spiced \*chicken breast topped with dairy free cheese and bacon, served with homemade slaw and chips. **13.55**

## PIZZA

*All made with dairy free cheese*

### Hawaiian

Tomato base, generously topped with \*ham and pineapple. **11.95**

### Pepperoni

Rich tomato sauce and spiced up with plenty of pepperoni slices. **11.50**

### Classic Margherita

Topped with slices of beef tomato and basil leaves. **10.50**

### Meatball Pizza

Whole meatballs, roasted red onions and jalapeños. **11.95**

 *Vegetarian option available*

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*Add an extra topping for 1.70 each. Choose from; king prawns, red onion, sun-dried tomato, cajun \*chicken, chillies, red pepper, jalapeños, \*bacon, \*ham, pepperoni, sweetcorn, pineapple, anchovies.*  
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## DESSERTS

### Chocolate and Orange Tart

A vegan chocolate and orange tart, served with dairy free vanilla ice cream, chocolate sauce and a side of raspberries. **7.25**

### Ice Cream

Three scoops of your favourite flavour or enjoy a mixture - dairy free of course! Choose from chocolate or vanilla. **5.25**

## CHILDREN'S MENU

ALL SERVED AS A MEAL DEAL; INCLUDES MAIN, DRINK AND DESSERT - **ONLY 8.75**

## PASTA

### Bolognese

Prime lean minced \*beef in our classic sauce with penne pasta. **5.25**

### Meatballs

Succulent beef meatballs in a tomato sauce with penne pasta. **5.25**

 *Vegetarian option available*

### Pomodoro

Penne pasta in a classic tomato sauce. **5.25**

### Vegetable Bake

Roasted mediterranean vegetable pasta bake. **5.25**

## PIZZA

*All made with dairy free cheese*

### Margherita

Tomato base, topped with fresh tomato and basil leaves. **5.25**

### Ham and Pineapple

Tomato base, generously topped with \*ham and pineapple. **5.25**

### Pepperoni

Tomato base, generously topped with pepperoni slices. **5.25**

## SPECIALITIES

### Chicken Breast and Chips

\*Chicken breast slices, served with chunky chips and a choice of peas or beans. **5.25**

### Cod Goujons and Chips

Battered cod goujons, served with chunky chips and a choice of peas or beans. **5.25**

## DESSERT

### Ice Cream

Two scoops of your favourite flavour - dairy free of course! Choose from chocolate or vanilla. **3.65**

## LUNCH

SERVED FROM NOON UNTIL 3PM.

### FILLED GLUTEN FREE SANDWICHES

All served with a salad garnish. *Add chips for 1.75*

<b>Pulled *Ham and Smoked Cheddar</b>	<b>8.25</b>
<b>BBQ *Chicken and Mozzarella</b>	<b>8.25</b>
<b>Tomato and Mozzarella</b> 	<b>8.25</b>
<b>*BLT</b>	<b>8.75</b>
<b>Garlic *Steak</b>	<b>9.50</b>
<b>Meatball Marinara</b>	<b>7.95</b>

### Cajun Chicken Burger

Butterflied cajun spiced \*chicken breast topped with Cheddar cheese and \*bacon, served in a gluten free bun with homemade slaw and chips. **13.55**

## APPETISERS

### Mixed Olives

An Italian classic of mixed olives, to get your appetite going. **4.25**

## STARTERS

### Tear and Share Flatbread

Freshly baked gluten free pizza base, served warm from the oven.

*Choose from:*

**Garlic, red onion marmalade and mozzarella**  **10.50**

**Garlic, mozzarella and chillies**  **10.50**

### Bruschetta

Toasted gluten free bread topped with tomato, red onion and pesto, finished with torn mozzarella and olive oil. **6.85**

### Baked Portobello Mushrooms

Baked portobello mushrooms and Stilton, served on a bed of fresh rocket with a balsamic glaze and pumpkin seeds. **7.50**

### Spicy Meatballs

Succulent beef meatballs in a rich and spicy tomato sauce with a slice of gluten free bread for dipping. **7.50**

 *Vegetarian option available.*

## SALADS

### Chicken Caesar

Sliced \*chicken breast, crispy Little Gem lettuce, coated in a Caesar dressing and topped with Italian cheese shavings.

**12.50** *As we are in keeping with the tradition, our Caesar dressing does contain anchovies so please tell your host if you'd like it without.*  *Vegetarian option available.* **11.50**

## PIZZA

*All made with a gluten free pizza base*

### King Prawn

Juicy king prawns with red onion, sun-dried tomatoes and fresh rocket. **13.95**

### Hot and Fiery

Cajun \*chicken breast slices with spicy sausage, fire-roasted red peppers, chillies, jalapeños and chipotle glaze. **13.50**

### Three Little Piggies

A tasty pile-up of \*bacon, pulled \*ham and spicy pepperoni. **13.95**

### Hawaiian

Tomato base, generously topped with \*ham and pineapple. **11.95**

### Pepperoni

Rich tomato sauce and spiced up with plenty of pepperoni slices. **11.50**

### Margherita

*Choose from:*

A tomato sauce base with grated mozzarella. **10.50**

A tomato sauce base with slices of beef tomato and fresh mozzarella slices, topped with basil. **10.50**

### Meatball

Whole meatballs, roasted red onions, jalapeños and cheese. **11.95**

 *Vegetarian option available.*

## SIDES

<b>Seasoned Chips</b> 	<b>3.50</b>
<b>Mixed Salad</b> 	<b>4.25</b>
<b>Gluten Free Garlic Bread</b> 	<b>4.75</b>
<b>Gluten Free Garlic Bread with Cheese</b> 	<b>5.75</b>
<b>House Slaw</b> 	<b>3.40</b>
<b>Roasted Mediterranean Vegetables</b> 	<b>4.50</b>

## PASTA

*All made with gluten free pasta*

### Chilli King Prawns

King prawns cooked in a chilli and garlic butter sauce, tossed with penne and finished with spinach and sun-dried tomatoes. **13.50**

### Cajun Chicken Pasta

Cajun spiced \*chicken gently sautéed with chestnut mushrooms, spinach and a touch of chilli, served in a garlic, white wine and cream sauce. **13.50**

### Carbonara

Gluten free penne in a carbonara sauce, made with smoked pancetta, garlic, cheese, cream and a free range egg. **11.75**

*Add \*chicken for 2.35*

### Meatballs

Succulent beef meatballs cooked in a delicious herby tomato sauce and tossed with gluten free penne pasta. **11.50**

 *Vegetarian option available.*

### Spaghetti Bolognese

This favourite sauce is made with prime lean \*beef, red wine, Italian herbs, garlic and tomatoes tossed in gluten free spaghetti. **11.50**

### Penne Arrabiata

Gluten free penne pasta tossed in a spicy tomato sauce infused with garlic and fresh chilli. **10.25**

*Add chicken or prawns for 2.35*

## SPECIALITIES

SERVED FROM 5PM

### Ribeye Steak

Prime ribeye \*steak grilled the way you like it and served with chips, vine roasted cherry tomatoes, flat mushrooms and a salad garnish. **22.25**

*Surf and turf? Add a grilled king prawn skewer for 7.25  
Add peppercorn or blue cheese sauce for 2.35*

### Mediterranean Chicken

A \*chicken breast wrapped in prosciutto and topped with Stilton. Served with tenderstem broccoli, crushed new potatoes and a vibrant red pepper sauce. **15.95**

### Cajun Chicken Burger

Butterflied cajun spiced \*chicken breast topped with Cheddar cheese and \*bacon, served in a gluten free bun with homemade slaw and chips. **13.55**

### Butternut Squash and Spinach Risotto ✓

A rich and creamy risotto comprising of butternut squash, mushrooms, spinach and cress, garnished with a zing of peppery rocket and Italian cheese shavings. **11.95**

*Add \*chicken or prawns for 2.35*

### Tomahawk Steak

A succulent on the bone rib steak served with chips, vine roasted cherry tomatoes, flat mushrooms and salad garnish. Due to its size it may take extra time to cook, ask your server for more info. **44.50**

*Add peppercorn or blue cheese sauce for 2.35*

## DESSERTS

### Eton Mess ✓

Smashed meringues topped with cream and fresh fruits. **7.25**

### Ice Cream ✓

Three scoops of your favourite flavour or enjoy a mixture! Choose from chocolate, strawberry, vanilla, salted caramel or mint choc chip. **5.25**

### Sorbet ✓

Three scoops of your favourite flavour or enjoy a mixture! Choose from mango, lemon or raspberry. **5.25**

### Chocolate and Orange Tart ✓

A vegan chocolate and orange tart, served with vanilla ice cream, chocolate sauce and a side of raspberries. **7.25**

### Lemon Posset ✓

Our homemade sweet and zingy lemon posset finished with fresh strawberries. **7.25**

## CHILDREN'S MENU

ALL SERVED AS A MEAL DEAL; INCLUDES MAIN, DRINK AND DESSERT - **ONLY 8.75**

## PASTA

### Bolognese

Prime lean minced \*beef in our classic sauce with gluten free penne pasta. **5.25**

### Carbonara

Creamy cheese sauce with pancetta, served on a bed of gluten free penne. **5.25**

### Pomodoro ✓

Gluten free penne pasta in a classic tomato sauce. **5.25**

### Vegetable Bake ✓

Roasted Mediterranean vegetable pasta bake. **5.25**

## PIZZA

*All made with a gluten free pizza base*

### Margherita ✓

Tomato base, topped with fresh tomato and basil leaves. **5.25**

### Ham and Pineapple

Tomato base, generously topped with \*ham and pineapple. **5.25**

### Pepperoni

Tomato base, generously topped with pepperoni slices. **5.25**

## SPECIALTIES

### Chicken Breast and Chips

\*Chicken breast slices, served with chunky chips and a choice of peas or beans. **5.25**

## DESSERT

### Ice Cream ✓

A scoop of your favourite flavour or enjoy a mixture! Choose from chocolate or vanilla. **3.65**

### Chocolate Brownie ✓

Goey chocolate brownie, served with a choice of chocolate or vanilla ice cream. **3.65**

## APPETISERS

### Mixed Olives

An Italian classic of mixed olives, to get your appetite going. **4.25**

## STARTERS

### Tear and Share Flatbread

Freshly baked flatbread served warm from the oven. *Choose from:*

**Garlic, red onion marmalade and vegan cheese  10.50**

**Garlic, vegan cheese and chillies  10.50**

### Bruschetta

Toasted ciabatta topped with tomato, red onion and basil, finished with vegan cheese and olive oil. **6.85**

### Baked Portobello Mushrooms

Baked portobello mushrooms and dairy free cheese, served on a bed of fresh rocket with a balsamic glaze and pumpkin seeds. **7.50**

## PASTA

### Penne Arrabiata

Penne pasta tossed in a spicy tomato sauce infused with garlic and fresh chilli. **10.25**

## PIZZA

*All made with dairy free cheese*

### Margherita

Topped with slices of beef tomato and basil leaves. **10.50**

### Mediterranean Vegetable

A tomato base drizzled with basil pesto, topped with roasted peppers, aubergines, courgettes, red onion, sun-dried tomatoes and finished with crushed root vegetable crisps. **11.95**

## SIDES

**Seasoned Chips  3.50**

**Mixed Salad  4.25**

**Garlic Ciabatta  4.75**

**Garlic Ciabatta with Dairy Free Cheese  5.75**

**Onion Rings  3.75**

**Roasted Mediterranean Vegetables  4.50**

## SALADS

### Superfood

Falafel, smoked harissa houmous, roasted butternut squash, tenderstem broccoli, couscous, pickled red cabbage, spinach and pumpkin seeds, tossed and served with a blueberry dressing. **11.50**

## DESSERTS

### Chocolate and Orange Tart

A vegan chocolate and orange tart, served with dairy free vanilla ice cream, chocolate sauce and a side of raspberries. **7.25**

### Ice Cream

Three scoops of your favourite flavour or enjoy a mixture - dairy free of course! Choose from chocolate or vanilla. **5.25**

## CHILDREN'S MENU

ALL SERVED AS A MEAL DEAL; INCLUDES MAIN, DRINK AND DESSERT - **ONLY 8.75**

## PASTA

### Pomodoro

Penne pasta in a classic tomato sauce. **5.25**

### Vegetable Bake

Roasted mediterranean vegetable pasta bake. **5.25**

## PIZZA

*All made with dairy free cheese*

### Margherita

Tomato base, topped with fresh tomato and basil leaves. **5.25**

### Meatball

Whole vegan meatballs and dairy free cheese. **5.25**

## DESSERT

### Ice Cream

Two scoops of your favourite flavour - dairy free of course! Choose from chocolate or vanilla. **3.65**





\*Red Tractor is an independent not-for-profit food and farm assurance scheme ensuring the food you choose is safe, traceable and farmed with care. By choosing food with the Red Tractor logo you can be sure that it has been produced in the UK to world-leading standards and is traceable back to farms. For more information, please go to [redtractor.org.uk](http://redtractor.org.uk).

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**✔ Suitable for vegetarians**

*Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.*

*All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT.*

*All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.*