



AUBREY'S

F O R E S T K I T C H E N

ALLERGEN + LIFESTYLE



BREAKFAST

SERVED FROM 9AM UNTIL 11.30AM

The XL Aubrey's Breakfast

Three rashers of *bacon, three *sausages, two free range eggs, three hash browns, mushrooms, beans, fresh tomatoes and potatoes, plus toast and fried bread. Served with tea or filter coffee and a jug of soya milk. **16.50**

Traditional Breakfast

Two rashers of *bacon, two *sausages, free range egg, beans, mushrooms, fresh tomato, hash browns and a choice of white or brown toast or fried bread. **9.50**

Small Breakfast

One rasher of *bacon, *sausage, free range egg, beans, hash brown and a choice of white or brown toast or fried bread. **7.25**

Vegetarian Breakfast

Two Quorn Best of British sausages, free range egg, fresh tomato, beans, mushrooms, hash browns and a choice of white or brown toast or fried bread. **7.10**

Teacake

For a lighter breakfast enjoy our toasted teacake, served with heaps of dairy free butter. **4.25**

Eggs on Toast

Two free range eggs served on two slices of brown toast. *Choose from poached or scrambled.* **5.00**

Sautéed Mushrooms

Perfectly seasoned mushrooms on lightly toasted bread. **7.10**

Smashed Avocado

Freshly smashed avocado with a poached egg and roasted cherry vine tomatoes on sourdough bread. **7.95**

Porridge

A pot of homemade porridge, served with a jug of soya milk and a choice of fruit compôte or maple syrup. **5.00**

Breakfast Hash

Sautéed potato hash, mushrooms, vine cherry tomatoes, wilted spinach and toasted ciabatta. **7.60**
Add an egg for 1.00

BREAKFAST BAPS

Choose from:

*Bacon	4.50
*Sausage	4.50
Egg	4.50

Add an egg, tomato, mushrooms or hash browns for 1.00

LUNCH

SERVED FROM NOON UNTIL 3PM.

FILLED SOURDOUGH CIABATTA

All served with a salad garnish. *Add chips for 1.85*

Pulled *Ham and Dairy Free Cheese 8.50

BBQ *Chicken and Dairy Free Cheese 8.50

***BLT** 8.95

Meatball Marinara 8.50

Cajun Chicken Burger

Butterflied cajun spiced *chicken breast topped with dairy free cheese and *bacon, served with homemade slaw and chips. **13.95**

PASTA**Chilli King Prawns**

King prawns cooked in a chilli and garlic butter sauce, tossed with linguine and finished with spinach and sun-dried tomatoes. **14.25**

Spaghetti Meatballs

Succulent beef meatballs cooked in a delicious herby tomato sauce and tossed with spaghetti. **11.75**

Vegetarian option available.

Spaghetti Bolognese

This favourite sauce is made with prime lean *beef, red wine, Italian herbs, garlic and tomatoes. **11.75**

Penne Arrabiata

Penne pasta tossed in a spicy tomato sauce infused with garlic and fresh chilli. **10.50**

*Add *chicken or prawns for 2.45*

APPETISERS**Breadsticks**

Twisted breadsticks served with oil and balsamic vinegar. **4.50**

Mixed Olives

An Italian classic of mixed olives, to get your appetite going. **4.50**

STARTERS**Antipasti for Two**

A selection of Woodall's British cured meats with houmous, mixed olives, oil for dipping and warm breadsticks. **16.75**

Baked Portobello Mushrooms

Baked portobello mushrooms and dairy free cheese, served on a bed of fresh rocket with a balsamic glaze and pumpkin seeds. **7.95**

Tear and Share Flatbread

Freshly baked flatbread served warm from the oven.

Choose from:

Garlic, red onion marmalade and dairy free cheese **10.95**

Garlic, dairy free cheese and chillies **10.95**

Bruschetta

Toasted bruschetta, generously topped with roasted courgettes, red peppers and tomatoes, finished with fresh herbs. **7.25**

Spicy Meatballs

Succulent beef meatballs in a rich and spicy tomato sauce with a slice of garlic ciabatta for dipping. **7.95**

Vegetarian option available. **7.95**

SPECIALITIES

SERVED FROM 5PM

Ribeye Steak

Prime ribeye *steak grilled the way you like it and served with chips, vine roasted cherry tomatoes, flat mushrooms and a salad garnish. **23.50**

Surf and turf? Add a grilled king prawn skewer for 7.75.

Mediterranean Chicken

A *chicken breast wrapped in prosciutto and topped with dairy free cheese. Served with tenderstem broccoli, crushed new potatoes and a vibrant red pepper sauce. **16.75**

Cajun Chicken Burger

Butterflied cajun spiced *chicken breast topped with dairy free cheese and bacon, served with homemade slaw and chips. **13.95**

PIZZA

All made with dairy free cheese

Hawaiian

Tomato base, generously topped with *ham and pineapple. **12.55**

Pepperoni

Rich tomato sauce and spiced up with plenty of pepperoni slices. **11.95**

Classic Margherita

Topped with slices of beef tomato and basil leaves. **10.95**

Meatball Pizza

Whole meatballs, roasted red onions and jalapeños. **12.55**

 *Vegetarian option available*

*Add an extra topping for 1.85 each. Choose from; king prawns, red onion, sun-dried tomato, cajun *chicken, chillies, red pepper, jalapeños, *bacon, *ham, pepperoni, sweetcorn, pineapple, anchovies.*

SALADS

Superfood

Falafel, smoked harissa houmous, roasted butternut squash, tenderstem broccoli, couscous, pickled red cabbage, spinach and pumpkin seeds, tossed and served with a blueberry dressing. **12.25**

*Add *chicken for 3.95 or salmon for 4.50*


SIDES


Seasoned Chips  3.75

Mixed Salad  4.50

Garlic Ciabatta  4.95

Garlic Ciabatta with Dairy Free Cheese  5.95

Onion Rings  3.95

House Slaw  3.65

Roasted Mediterranean 4.75

Vegetables 

CHILDREN'S MENU

ALL SERVED AS A MEAL DEAL; INCLUDES MAIN, DRINK AND DESSERT - **ONLY 9.25**


PASTA

Bolognese

Prime lean minced *beef in our classic sauce with penne pasta.

Meatballs

Succulent beef meatballs in a tomato sauce with penne pasta.

 *Vegetarian option available*

Pomodoro

Penne pasta in a classic tomato sauce.

Vegetable Bake

Roasted mediterranean vegetable pasta bake.

PIZZA

All made with dairy free cheese

Margherita

Tomato base, topped with fresh tomato and basil leaves.

Ham and Pineapple

Tomato base, generously topped with *ham and pineapple.

Pepperoni

Tomato base, generously topped with pepperoni slices.

SPECIALITIES

Chicken Breast and Chips

*Chicken breast slices, served with chunky chips and a choice of peas or beans.

Cod Goujons and Chips

Battered cod goujons, served with chunky chips and a choice of peas or beans.

DESSERT

Ice Cream

Two scoops of your favourite flavour - dairy free of course! Choose from chocolate or vanilla.

DESSERTS

Chocolate and Orange Tart

A vegan chocolate and orange tart, served with dairy free vanilla ice cream, chocolate sauce and a side of raspberries. **7.60**

Ice Cream

Three scoops of your favourite flavour or enjoy a mixture - dairy free of course! Choose from chocolate or vanilla. **5.50**

BREAKFAST

SERVED FROM 9AM UNTIL 11.30AM

The XL Aubrey's Breakfast

Three rashers of *bacon, three *sausages, two free range eggs, three hash browns, mushrooms, beans, fresh tomatoes and potatoes, plus gluten free toast. Served with tea or filter coffee and a jug of fresh milk. **16.50**

Traditional Breakfast

Two rashers of *bacon, two *sausages, free range egg, beans, mushrooms, fresh tomato, hash browns and a slice of gluten free toast. **9.50**

Small Breakfast

One rasher of *bacon, *sausage, free range egg, beans, hash brown and gluten free toast. **7.25**

Eggs Benedict

Gluten free toast topped with cured *ham, two free range poached eggs and creamy hollandaise sauce. **7.60**

Eggs Florentine

Gluten free toast topped with spinach, two free range poached eggs and hollandaise sauce. **7.25**

Eggs on Toast

Two free range eggs served on two slices of gluten free toast. *Choose from poached or scrambled.* **5.00**

Sautéed Mushrooms

Perfectly seasoned mushrooms on lightly toasted gluten free bread. **7.10**

Smashed Avocado

Enjoy our freshly smashed avocado with a poached egg and roasted cherry vine tomatoes on gluten free bread. **7.95**

Porridge

A pot of homemade porridge, served with a jug of fresh milk and a choice of fruit compôte or maple syrup. **5.00**

Breakfast Hash

Sautéed potato hash, mushrooms, vine cherry tomatoes, wilted spinach and a slice of toasted gluten free bread. **7.60**
Add an egg for 1.00

BREAKFAST BAPS

All served in gluten free baps. *Choose from:*

*Bacon **4.50**

*Sausage **4.50**

Quorn Sausage **4.50**

Egg **4.50**

Add an egg, tomato, mushrooms or hash browns for 1.00

LUNCH

SERVED FROM NOON UNTIL 3PM.

FILLED GLUTEN FREE SANDWICHES

All served with a salad garnish. *Add chips for 1.85*

Pulled *Ham and Smoked Cheddar 8.50

BBQ *Chicken and Mozzarella 8.50

Tomato and Mozzarella **8.50**

***BLT 8.95**

Garlic *Steak 9.75

Meatball Marinara 8.50

Cajun Chicken Burger

Butterflied cajun spiced *chicken breast topped with Cheddar cheese and *bacon, served in a gluten free bun with homemade slaw and chips. **13.95**

STARTERS

Tear and Share Flatbread

Freshly baked gluten free pizza base, served warm from the oven.

Choose from:

Garlic, red onion marmalade and mozzarella **10.95**

Garlic, mozzarella and chillies **10.95**

Bruschetta

Toasted gluten free bread topped with tomato, red onion and pesto, finished with torn mozzarella and olive oil. **7.25**

Baked Portobello Mushrooms

Baked portobello mushrooms and Stilton, served on a bed of fresh rocket with a balsamic glaze and pumpkin seeds. **7.95**

Spicy Meatballs

Succulent beef meatballs in a rich and spicy tomato sauce with a slice of gluten free bread for dipping. **7.95**

Vegetarian option available.

APPETISERS

Mixed Olives

An Italian classic of mixed olives, to get your appetite going. **4.50**

SALADS

Chicken Caesar

Sliced *chicken breast, crispy Little Gem lettuce, coated in a Caesar dressing and topped with Italian cheese shavings. **13.25** *As we are in keeping with the tradition, our Caesar dressing does contain anchovies so please tell your host if you'd like it without.* ***Vegetarian option available.*** **12.25**

PIZZA

All made with a gluten free pizza base

King Prawn

Juicy king prawns with red onion, sun-dried tomatoes and fresh rocket. **14.65**

Hot and Fiery

Cajun *chicken breast slices with spicy sausage, fire-roasted red peppers, chillies, jalapeños and chipotle glaze. **14.25**

Three Little Piggies

A tasty pile-up of *bacon, pulled *ham and spicy pepperoni. **14.65**

Hawaiian

Tomato base, generously topped with *ham and pineapple. **12.55**

Pepperoni

Rich tomato sauce and spiced up with plenty of pepperoni slices. **11.95**

Margherita

Choose from:

A tomato sauce base with grated mozzarella, **10.95**

A tomato sauce base with slices of beef tomato and fresh mozzarella slices, topped with basil. **10.95**

Meatball

Whole meatballs, roasted red onions, jalapeños and cheese. **12.55**

Vegetarian option available.

SPECIALITIES

SERVED FROM 5PM

Ribeye Steak

Prime ribeye *steak grilled the way you like it and served with chips, vine roasted cherry tomatoes, flat mushrooms and a salad garnish. **23.50**

*Surf and turf? Add a grilled king prawn skewer for 7.75.
Add peppercorn or blue cheese sauce for 2.65*

Mediterranean Chicken

A *chicken breast wrapped in prosciutto and topped with Stilton. Served with tenderstem broccoli, crushed new potatoes and a vibrant red pepper sauce. **16.75**

Cajun Chicken Burger

Butterflied cajun spiced *chicken breast topped with Cheddar cheese and *bacon, served in a gluten free bun with homemade slaw and chips. **13.95**

Butternut Squash and Spinach Risotto

A rich and creamy risotto comprising of butternut squash, mushrooms, spinach and cress, garnished with a zing of peppery rocket and Italian cheese shavings. **12.75**
Add *chicken for 2.45 or prawns for 2.65

Tomahawk Steak

A succulent on the bone rib steak served with chips, vine roasted cherry tomatoes, flat mushrooms and salad garnish. Due to its size it may take extra time to cook, ask your server for more info. **45.65**
Add peppercorn or blue cheese sauce for 2.65

PASTA

Chilli King Prawns

King prawns cooked in a chilli and garlic butter sauce, tossed with linguine and finished with spinach and sun-dried tomatoes. **14.25**

Cajun Chicken Pasta

Cajun spiced *chicken gently sautéed with chestnut mushrooms, spinach and a touch of chilli, served in a garlic, white wine and cream sauce. **14.25**

Spaghetti Carbonara

Gluten free spaghetti in a carbonara sauce, made with smoked pancetta, garlic, cheese, cream and a free range egg. **11.95**
Add *chicken for 2.45

Spaghetti Meatballs

Succulent beef meatballs cooked in a delicious herby tomato sauce and tossed with gluten free spaghetti. **11.75**
✔Vegetarian option available.

Spaghetti Bolognese

This favourite sauce is made with prime lean *beef, red wine, Italian herbs, garlic and tomatoes tossed in gluten free spaghetti. **11.75**

Penne Arrabiata

Gluten free penne pasta tossed in a spicy tomato sauce infused with garlic and fresh chilli. **10.50**
Add chicken or prawns for 2.35

SIDES

Seasoned Chips	✔	3.75
Mixed Salad	✔	4.50
Gluten Free Garlic Bread	✔	4.95
Gluten Free Garlic Bread with Cheese	✔	5.95
House Slaw	✔	3.65
Roasted Mediterranean Vegetables	✔	4.75

CHILDREN'S MENU

ALL SERVED AS A MEAL DEAL; INCLUDES MAIN, DRINK AND DESSERT - **ONLY 9.25**

PASTA

Bolognese

Prime lean minced *beef in our classic sauce with gluten free penne pasta.

Carbonara

Creamy cheese sauce with pancetta, served on a bed of gluten free spaghetti.

Pomodoro

Gluten free penne pasta in a classic tomato sauce.

Vegetable Bake

Roasted Mediterranean vegetable pasta bake.

PIZZA

All made with a gluten free pizza base

Margherita

Tomato base, topped with fresh tomato and basil leaves.

Ham and Pineapple

Tomato base, generously topped with *ham and pineapple.

Pepperoni

Tomato base, generously topped with pepperoni slices.

SPECIALITIES

Chicken Breast and Chips

*Chicken breast slices, served with chunky chips and a choice of peas or beans.

DESSERT

Ice Cream

A scoop of your favourite flavour or enjoy a mixture! Choose from chocolate or vanilla.

Chocolate Brownie

Goey chocolate brownie, served with a choice of chocolate or vanilla ice cream.

DESSERTS

Eton Mess

Smashed meringues topped with cream and fresh fruits. **7.60**

Ice Cream

Three scoops of your favourite flavour or enjoy a mixture! Choose from chocolate, strawberry, vanilla, salted caramel or mint choc chip. **5.50**

Sorbet

Three scoops of your favourite flavour or enjoy a mixture! Choose from mango, lemon or raspberry. **5.50**

Chocolate and Orange Tart

A vegan chocolate and orange tart, served with vanilla ice cream, chocolate sauce and a side of raspberries. **7.60**

Lemon Posset

Our homemade sweet and zingy lemon posset finished with fresh strawberries. **7.60**

BREAKFAST

SERVED FROM 9AM UNTIL 11.30AM

Teacake ✓For a lighter breakfast snack enjoy our toasted teacake, served with heaps of vegan butter. **4.25****Sautéed Mushrooms** ✓Perfectly seasoned mushrooms on lightly toasted bread. **7.10****Smashed Avocado** ✓Enjoy our freshly smashed avocado and roasted cherry vine tomatoes on sourdough bread. **7.95****Porridge** ✓A pot of homemade porridge, served with a jug of fresh soya milk and fruit compôte. **5.00****Breakfast Hash** ✓Sautéed potato hash, mushrooms, vine cherry tomatoes, wilted spinach and toasted ciabatta. **7.60****APPETISERS****Mixed Olives** ✓An Italian classic of mixed olives, to get your appetite going. **4.50****Breadsticks** ✓Freshly baked breadsticks served warm from the oven with oil and balsamic vinegar for dipping. **4.50****STARTERS****Tear and Share Flatbread**Freshly baked flatbread served warm from the oven. *Choose from:***Garlic, red onion marmalade and vegan cheese** ✓ **10.95****Garlic, vegan cheese and chillies** ✓ **10.95****Bruschetta** ✓Toasted ciabatta topped with tomato, red onion and pesto, finished with vegan cheese and olive oil. **7.25****Baked Portobello Mushrooms** ✓Baked portobello mushrooms and dairy free cheese, served on a bed of fresh rocket with a balsamic glaze and pumpkin seeds. **7.95****Spicy Meatballs** ✓Succulent vegan meatballs in a rich and spicy tomato sauce with a slice of garlic ciabatta for dipping. **7.95****PASTA****Penne Arrabiata** ✓Penne pasta tossed in a spicy tomato sauce infused with garlic and fresh chilli. **10.50****Spaghetti Meatballs** ✓Succulent vegan meatballs cooked in a delicious herby tomato sauce and tossed with spaghetti. **11.75****PIZZA***All made with dairy free cheese***Margherita** ✓Topped with slices of beef tomato and basil leaves. **10.95****Mediterranean Vegetable** ✓A tomato base drizzled with basil pesto, topped with roasted peppers, aubergines, courgettes, red onion, sundried tomatoes and finished with crushed root vegetable crisps. **12.55****Meatball Pizza** ✓Whole vegan meatballs, roasted red onions and jalapeños. **12.55****SALADS****Superfood** ✓Falafel, smoked harissa houmous, roasted butternut squash, tenderstem broccoli, couscous, pickled red cabbage, spinach and pumpkin seeds, tossed and served with a blueberry dressing. **12.25****DESSERTS****Chocolate and Orange Tart** ✓A vegan chocolate and orange tart, served with dairy free vanilla ice cream, chocolate sauce and a side of raspberries. **7.60****Ice Cream** ✓Three scoops of your favourite flavour or enjoy a mixture - dairy free of course! Choose from chocolate or vanilla. **5.50****CHILDREN'S MENU**ALL SERVED AS A MEAL DEAL; INCLUDES MAIN, DRINK AND DESSERT - **ONLY 9.25****PASTA****Pomodoro** ✓

Penne pasta in a classic tomato sauce.

Meatballs ✓

Succulent vegan meatballs in a tomato sauce with penne pasta.

Vegetable Bake ✓

Roasted mediterranean vegetable pasta bake.

PIZZA*All made with dairy free cheese***Margherita** ✓

Tomato base, topped with fresh tomato and basil leaves.

Meatball ✓

Whole vegan meatballs and dairy free cheese.

DESSERT**Ice Cream** ✓

Two scoops of your favourite flavour - dairy free of course! Choose from chocolate or vanilla.

SIDES**Seasoned Chips** ✓**3.75****Mixed Salad** ✓**4.50****Garlic Ciabatta** ✓**4.95****Garlic Ciabatta with Dairy Free Cheese** ✓**5.95****Onion Rings** ✓**3.95****Roasted Mediterranean****Vegetables** ✓**4.75**



*Red Tractor is an independent not-for-profit food and farm assurance scheme ensuring the food you choose is safe, traceable and farmed with care. By choosing food with the Red Tractor logo you can be sure that it has been produced in the UK to world-leading standards and is traceable back to farms. For more information, please go to redtractor.org.uk.

V Suitable for vegetarians

Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens.

All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT.

All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.