



TREAT YOURSELF

Time Out Package

120mins £130

Combining our most popular facial and body treatment we offer you a luxury facial from the Eve Taylor range designed specifically to suit your individual skin type. Followed by our detoxifying full body massage to release stress and allow yourself to unwind in our tranquil environment.

Revitalising Package *60mins £75*

Couples package *£130*

Refresh and boost your skin with an Eve Taylor essential facial specifically designed to suit your skin type. Followed by a relaxing back, neck and shoulder massage, this package will leave you feeling relaxed and revived.

Holiday Package

75mins £85

Get holiday ready with a full body skin smoothing salt scrub and finished off with a hand and foot file and polish. Choose a colour from our Jessica range.



The RETREAT



FACIALS

Take time for yourself and let your stresses melt away.

Eve Taylor Intensive Facial 55mins £72

Intensively replenishes depleted moisture levels in dry/dehydrated skin which immediately restores softness, suppleness, comfort and radiance.

Eve Taylor Skin Quenching Facial 55mins £72

Restore the youthful glow to your skin with our skin quenching facial. Plumps the skin and softens fine lines with moisture infusing hydrators.

Eve Taylor Winter Rescue Facial 55mins £72

This will relieve your skin from redness and irritation and dryness. With the warmth of steam towels and nutrient rich oatmeal your skin will be left soothed, hydrated and nourished.

Eve Taylor Ultra Bright Facial 55mins £72

Illuminate and brighten dull, lacklustre, pigmented skin. Professional resurfacing smoothes and softens the skin ready for the infusion of Vitamin C rich serums and speciality masques. Then moisturiser protects and re-energises leaving the skin flawlessly radiant.

Teen Facial

25mins £32

A treatment designed for teenagers to advise on their skincare needs. This mini facial is tailored to their skin type. Available for 12-16 year olds.

Eve Taylor Express Facial 25mins £38

Oily, congested, sensitive... Whatever your skin condition, this customised treatment will rebalance and coax it back to it's natural radiant self.



MASSAGE TREATMENTS

Full Body Massage 55mins £75

Relax, unwind and drift away with our full body massage. This treatment will allow your mind to switch off from everyday stresses

Full Body with Face & Scalp 65mins £85

With a face and scalp massage to add to the experience of your full body massage, you can truly relax at The Retreat.

Back, Neck & Shoulder Massage 25mins £38

Instantly relax areas of the back, neck and shoulders where tension accumulates. Stresses are dissolved with this massage leaving you refreshed and invigorated.

Indian Head massage 35mins £45

A relaxing treatment which as the name suggests concentrates on massaging the head. Head, shoulders and scalp massage can be used alongside simple meditative techniques to provide a simple and effective way to relax.

Aromatherapy Massage 55mins £80 **or Aromatherapy Back Massage** 25mins £45

Choose to relax, stimulate or detoxify your body with one of our heavenly full body massages with warmed aromatic oils to leave your body renewed and energised.

Hot Stones Massage 60mins £80

Deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminates toxins and calms the mind and body.

Hot Stone, Back, Neck & Shoulder Massage 30mins £48

This relaxing massage targets tense muscles in your back, neck and shoulders, leaving you refreshed and invigorated.

All massages are for over 18's only.

MANICURES & PEDICURES



File and Cuticle work (For hands and feet) £22

Tidy up your cuticle area and reshape your nails

Hand & Rescue Treatment £28

Relieve hands from dryness with nutrient rich oatmeal and lipid rich botanicals leaving hands feeling silky soft and moisturised

Jessica GELeration A fabulous gel finish for a long-lasting manicure

Jessica GELeration gel overlays £45

Relax while we look after your cuticles and prepare your nails to finish with the Jessica colour of your choice.

Gel soak off and new application £50

Jessica Nail Treatments Treat yourself to a nail treatment using our luxury Jessica range.

Jessica Manicure or Pedicure £40

Upgrade to a French polish for £5 extra

Or treat yourself to a manicure and pedicure for £70

Jessica Deluxe Manicure £50

Treatment includes anti-aging Le Remedi system, prescriptive manicure, cuticle treatment, heated mittens, massage, file & polish.

Jessica Deluxe Pedicure £50

A complete treat for your feet. Skin softened in heated booties then gently buffed before a soothing soak and scrub, cuticle treatment, massage, heal repair cream and file and polish,

Kids Polish £10

Available for children aged 5 to 10 years old

