# John Paul Jones - FOOD• 



## BREAKFAST

## Served from 9am - 11.30am

## Traditional Breakfast 112 ke

Two rashers of *bacon, two *sausages
free-range egg, beans, mushrooms, fresh tomate
hash browns and a choice of white or brown toas or fried bread. 9.95

## Plant Based Breakfast

Roasted peppers, fresh tomato, garlic and chill ender stem broccoli, mushrooms, sautéed potatoes and beans served with toasted sourdough. 7.45

## LUNCH

## Served from midday to 3pm

## House Burger ${ }^{11}$

Chargrilled *beef burger, lettuce, red onion beef tomato and house-made burger mayonnaise, served in a toasted bun with bread and butter pickles and chunky chips. 11.95

## Chicken Club Burger 1095 kcal

Chargrilled *chicken breast with crispy *bacon, ettuce, tomato, and mayonnaise, served in a oasted bun with chunky chips. 13.60

## Chicken Caesar Wrap 866 kca

Blackened Cajun *chicken with lettuce, tomato and Caesar dressing all wrapped up in a flour tortilla and served with chunky chips. 11.95

## Penne Arrabbiata

Penne pasta tossed in a spicy tomato sauce infused with garlic and fresh chilli. 10.25

## TT

Toasted sourdough bread piled high with crispy *bacon, lettuce, mayonnaise, and sliced beef tomato, Served with chips. 9.40

## APPETISERS

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Mixed Olives ${ }^{1} 146 \mathrm{kcal}$
An Italian classic to get your appetite going. 4.70

## Garlic Sourdough 0

Freshly baked sourdough bread cooked warm with garlic and herb butter. 5.20

Smoked Almonds © 523 kcal
A little something to nibble on while you wait. 4.70

## STARTERS

## Tomato Bruschetta

Tomatoes marinated with garlic, basil, olive oil and sea salt served on toasted sourdough and drizzled with garlic and basil oil. 7.30

## Salt and Pepper Squid ${ }_{379} \mathrm{kcal}$

Lightly dusted squid, seasoned with
salt and pepper, served with fresh chillies
and smoked paprika aioli. 8.65

## Vegetable Tempura ${ }^{6} 403$ kea

Seasonal vegetables in a crispy tempura batter with sweet chilli dipping sauce. 7.45

## Chilli and Honey Chicken Skewers 327 k

Chargrilled *chicken skewers glazed with chilli and honey, served on a fresh, crisp pear salad. $\mathbf{8 . 3 5}$

## ish and Chips

Hand battered fish with chunky chips, pea puree, curry suce and tartare sauce. 14.95

## Bacon Cheeseburger ${ }_{1448} \mathrm{kcol}$

Chargrilled *beef burger topped with dairy free cheese, crispy *bacon, red onion, beef tomato, lettuce and house made burger mayonnaise, served in a toasted bun, with house-made bread and butter pickles, and chunky chips. 13.90

## Vegetable Risotto (10 517 kcal $^{2}$

Aborio rice risotto with white wine,
egan cheese, basil and garlic pesto
Served with chargrilled seasonal vegetables. 14.65
Add a garlic and herb marinated chargrilled
chicken breast 129 kealfor 4.00

## Butternut Squash Katsu *

Butternut squash coated in panko breadcrumbs, served vith rice and a rich katsu curry sauce. 13.60

## SIDES

Loaded fries 488 kcal
With spicy tomato and garlic aioli $\odot 5.50$

## roccoli with chill

and garlic butter 0 201 keal 3.95

## Buttered baby potatoes

with sea salt and mint © 438 kcil 4.15
Mixed salad (49 49 kcal 4.15
Garlic sourdough © 489 kcal 5.20

## DESSERTS

## Chocolate, Coconut and

 Roasted Pineapple Sundae 6776 keaLayers of vegan ice cream served with and coconut pieces. 7.05

## Ribeye Steal

8-day aged 10 oz ribeye *steak served with grilled mushroom, tomato, watercress and chunky chips. 24.70 mushroom, tomato, watercress and chunky

# FANCY A <br> LIGHTER BITE? 

Swap your chips for a salad 49


## BREAKFAST

Served from 9am - 11.30am

## Traditional Breakfast 1128 kca

Two rashers of *bacon, two *sausages
a free-range egg, beans, mushrooms, fresh tomato,

Plant Based Breakfast : 708 kcal
Roasted peppers, fresh tomato, garlic and chilli tender stem broccoli, mushrooms, sauteed potatoes and beans served with toasted gluten free bread. 7.45

## APPETISERS

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## Mixed Olives (1) 146 kcol

An Italian classic to get your appetite going. 4.70
Smoked Almonds : 523 kc
A little something to nibble on while you wait. 4.70

## LUNCH

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## starters

## Tomato Bruschetta 253 kcal

Tomatoes marinated with garlic, basil, olive oil and sea salt served on toasted gluten free bread and drizzled with garlic and basil oil. 7.30
Add mozzarella 101 kcal for 90p

## Salt and Pepper Squid 379 kcal

Lightly dusted squid, seasoned with
salt and pepper, served with fresh chillies
and smoked paprika aioli. 8.65
Crispy Fried Mozzarella 588 kod
Breaded mozzarella, served crisp and golden
with a rich tomato and basil sauce. 7.45
Vegetable Tempura 403 kca
Seasonal vegetables in a crispy tempura batter with sweet chilli dipping sauce. 7.45

Chilli and Honey Chicken Skewers
Chargrilled *chicken skewers glazed with chilli and
honey, served on a fresh, crisp pear salad. 8.35

## ouse Burger 10sskca

ghe beer burger, letuce, red onion and bread and butter pickles and chunky chips. 11.95

Chicken Club Burger 1011 kcal
argiled chicken breast with crispy *bacon une and

Penne Arrabbiata 0 8 84 kcal


BLT 836 kcal
basted gluten free bread piled high with crispy , Served with chips. 9.40

## MAINS

## Fish and Chips

Hand battered fish with chunky chips, pea puree and curry sauce. 14.95

## Bacon Cheeseburger 1605 kcal

Chargrilled *beef burger topped with melted Cheddar cheese, crispy *bacon, red onion, beef tomato and lettuce, served in a toasted gluten free bun, with house-made bread and butter pickles, and chunky chips. 13.90

## Cajun Chicken Pasta 1460 kcol

Cajun spiced *chicken, gently sautéed with chestnut mushrooms, spinach and a touch of chilli, served in a garlic, white wine and cream sauce with gluten free pasta. 14.95

## Vegetable Risotto © ${ }_{517} \mathrm{kcal}$

Aborio rice risotto with white wine, vegan cheese, basil and garlic pesto. Served with chargrilled seasonal vegetables. 14.65
Add a garlic and herb marinated
hargrilled *chicken breast for 4.00129 kcal

## SIDES

Loaded fries ${ }_{537} \mathrm{kcal}$
Crispy *bacon and melted Cheddar cheese 5.50

## Broccoli with chilli

and garlic butter © 201 keal 3.95
Buttered baby potatoes
with sea salt and mint $\mathbb{O} 438 \mathrm{kcal} 4.15$
Mixed salad © 49 kcol 4.15
Chunky chips © $_{404 \mathrm{keal}} \mathbf{3 . 6 5}$

## Ribeye Steak 1026 kca

28-day aged 10 oz ribeye *steak served with grilled mushroom, tomato, watercress and chunky chips. 24.70 Add peppercorn sauce 46 kcal , bearnaise sauce 168 kc or port and red wine sauce 30 kcol for 2.80

## Chicken Caesar Salad 813 kca

Chargrilled *chicken on a Caesar salad, shaved Padano cheese with marinated tomatoes 13.90
© Vegetarian option available 12.00 .552 kca

FANCY A
LIGHTER BITE?

## DESSERTS

## ton Mess

(1) 467 kcal

Apple and blackberry compote
ayeredwith chewy meringue, ice cream andwhipped cream served with fresh blackberries. 7.60

## Chocolate, Coconut and

Roasted Pineapple Sundae ${ }_{676} \mathrm{kca}$
ayers of vegan ice cream served with roasted spiced pineapple and chocolate and coconut pieces. 7.05


## SMALLER APPETITES

## MAINS

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## DESSERTS

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## Beef Burger ${ }^{6 \%}$ kco

In a sesame seed bun, served with fries
peas or beans and veg sticks. $\mathbf{6 . 0 5}$

## Grilled Chicken Breast 424 kcol

Served with fries, peas or beans and veg sticks. 6.05

## Penne Pasta with

## Plant Based Meatballs © 376 kcal

Penne pasta served with plant based meatballs in a tomato and basil sauce served with veg sticks. 6.05

## Penne Pasta with Tomato Sauce 283 kcal

Penne pasta in a tomato and basil sauce
served with veg sticks. $\mathbf{5 . 5 0}$

## Vegan Ice Cream

3.90

Two scoops of your favourite flavour,
choose from chocolate 170 kcal , vanilla 158 kca or strawberry 163 kcal .

## MAKE IT A MEAL DEAL WITH A MAINS, DRINK AND DESSERT FOR ONLY 8.65

As part of the meal deal, choose from: Pip Organic Juice 77 keal orange juice 94 keal, apple juice 94 kcal , milk 80 kcal , Pepsi Max 1 kcal, Diet Pepsi 1 kcal, or lemonade 5 kcal .

## SMALLER APPETITES

## MAINS

## Beef Burger 688 kcal

Served in a gluten free bun with fries, peas or beans and veg sticks. 6.05

## Cheeseburger ${ }^{746} \mathrm{kcal}$

Served in a gluten free bun with fries, peas or beans and veg sticks. 6.05

## Grilled Chicken Breast 448 kca

Grilled Chicken Breast 448 kcal
Served with fries, peas or beans and veg sticks. 6.05

## Penne Pasta with Tomato Sauce 272 kcal

Gluten free penne pasta in a tomato and basil sauce served with veg sticks. 5.50

## DESSERTS

Ice Cream ©
Two scoops of your favourite flavour, choose from
chocolate $1 \% \mathrm{kcol}$, vanilla 188 kcal or strawberry 160 kcal .

## Vegan Ice Cream

3.90

Two scoops of your favourite flavour,
choose from chocolate 170 keal, vanilla 158 kcoal
or strawberry 160 kcal .

MAKE IT A MEAL DEAL WITH A MAINS, DRINK AND DESSERT FOR ONLY 8.65

As part of the meal deal, choose from: Pip Organic Juice $>7 \mathrm{kcal}$, orange juice 94 kcal , apple juice 94 kcal , milk 80 kcal , Pepsi Max 1 kcal Diet Pepsi 1 kcal , or lemonade 5 kcal .


## © Suitable for vegetarians Suitable for vegans

Allergen menus are avalable on request. Please inform your server of any allergies or intolerances betore you order. Unfortunately, ,tit s not possible to guarantee that any product in
are per serving. Each dish is one serving unless otherwise stated. cor sed
All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/ish dishes may
contain small bones. Menu items are subject to availability. All prices include VAT. All card and cash tips are shared out to all employees through



